

WHAT'S NEW IN

FOOTBALL MEDICINE

FOCUS ON REHABILITATION

PRESIDENT S.S. LAZIO: Dott. Claudio Lotito

HEAD OF CONFERENCE: Prof. Fabio Rodia CHAIRMEN: A. Ponzo, M. Pulcini, A. Servadio



20
OCTOBER 7 TH ROMA
24

SALA PLENARIA
S.S. LAZIO TRAINING CENTER
Via di Santa Cornelia 1000 - FORMELLO



OFILAZIO
ORDINE FISIOTERAPISTI

Professional Congress Organizer



WHAT'S NEW IN FOOTBALL MEDICINE

PROGRAM

14.00 Presentation

14.20 **Epidemiology:** injuries in football. **C.Massafrà**

14.35 **Questions & Answers**

14.40 Acute muscle-tendon injuries: how to handle them. **S. Bisicchia**

14.55 **Questions & Answers**

15.00 **Overuse injuries:** prevention and treatment.

A. Tallarico, M. C. Viselli

15.15 **Questions & Answers**

15.20 Therapeutic exercise and rehabilitative physical modalities.

V. Colonna, M. C. Vulpiani

15.35 **Questions & Answers**

15.40 **Treatment techniques in physiotherapy:** evidence, new orientations and perspectives. **S. Minnucci, A. Servadio**

15.55 **Questions & Answers**

16.00 **Interview with the footballer from the audience: male and female**

16.15 **Coffee break**

16.30 **Orthopedic knee surgical techniques:** anterior cruciate ligament reconstruction. **A. Ponzo**

16.45 **Questions & Answers**

16.50 **Shoulder orthopedic surgical techniques:** capsuloplasty. **R. Lanzetti**

17.05 **Questions & Answers**

17.10 Post-surgical rehabilitation protocols, ACL reconstruction and capsuloplasty. **G. D'Orsi**

17.25 **Questions & Answers**

17.30 **Success in Post-ACL-R Physiotherapy:** The Role of Key Performance Indicators. **L. Conciatori**

17.45 **Questions & Answers**

17.50 Managing workload in a football team between injury prevention and performance enhancement. **G. Malizia**

18.05 **Questions & Answers**

18.10 **Return to sport after capsuloplasty surgery:** the importance of Key Performance Indicators. **E. Cousin**

18.25 **Questions & Answers**

18.30 **Conclusions**

18.35 **Test ECM on line**

FOCUS ON REHABILITATION

SCIENTIFIC INFORMATION



PROVIDER 2382 - 429855

N. 4 Educational credits ECM have been assigned for the following professions: Physiotherapist, Surgeon (specialties: Orthopedics and Traumatology, Physical Medicine, and Rehabilitation).

It will be possible to take the learning test online only, starting the day after the event and for 3 days, on the website:

www.balestracongressi.com

Access to the platform for the test will be possible using the credentials provided at the time of the congress and upon verification of 90% attendance in the educational activities. The test can be taken only once. The minimum requirement for obtaining training credits is achieving 75% correct answers on the assessment test.

ECM CREDITS FOR THE FACULTY

Speakers can acquire training credits as participants upon request to the provider. Speakers must attend the event as participants, according to the methods and timelines indicated by the Provider in compliance with ECM regulations.

Professional Congress Organizer



Phone +39 062148065

Mob. phone +39 3398319858

footballmedicine@balestracongressi.com

www.balestracongressi.com