

WHAT'S NEW IN

FOOTBALL MEDICINE



OCTOBER 8TH | 2024
SALA STAMPA STADIO OLIMPICO | ROMA

PRESIDENT S.S. LAZIO
Dott. Claudio Lotito

HEAD OF CONFERENCE
Prof. Fabio Rodia

Coordinatore Staff Medico S.S. Lazio
Direttore Dipartimento Ortopedico
Riabilitativo Ospedale C.T.O. Roma

SCIENTIFIC COMMITTEE
Dott. Antonio Ponzo

Dipartimento Ortopedico Riabilitativo
Ospedale C.T.O. Roma



EUROPEAN CLUB ASSOCIATION



WHAT'S NEW IN FOOTBALL MEDICINE

PROGRAMMA

08.30 REGISTRATION

09.00 WELCOME INTRODUCTION, GREETINGS

SHOULDER INSTABILITY

09.15 What's new in shoulder instability

09.30 Clinical case

09.40 Experts arena: how to manage first time shoulder dislocation in professional player

FEMORO ACETABULAR IMPINGEMENT

10.15 What's new in femoro acetabular impingement

10.40 Clinical case

10.50 Experts Arena: Return To Play After Hip Surgery

11.10 Coffee break

GROIN PAIN

11.30 What's new in groin pain

11.45 Clinical case

11.55 Experts Arena: When And How Do Conservative Treatment Fail

12.30 Saluto Autorità

13.00 Working lunch

ANTERIOR CRUCIATE LIGAMENT

14.00 What's new in anterior cruciate ligament injuries

14.15 Clinical case

14.25 Experts Arena: Whats' The Optimal Graft?
Associated Lesions: How And When To Treat

HAMSTRINGS

15.00 What's new in hamstrings lesions

15.15 Clinical case

15.25 Experts Arena: Understanding The Recurrence
Of Hamstrings Injuries

15.55 Coffee break

ANKLE SPRAIN

16.15 What's new in ankle sprain

16.30 Clinical case

16.40 Experts Arena: When I Treat Associated Lesions

FEMALE FOOTBALL

17.10 What's new in patello-femoral pain syndrome

17.25 Clinical case

17.35 Experts Arena: Anatomical Vs Functional Implications:
Who Does It Win?

CAREER END PROFESSIONAL FOOTBALL PLAYER

18.00 Predicting radiographic factors in lower limb pathologies

18.15 Surgical strategies

18.30 Conclusions

18.45 Test ECM on line

GENERAL INFORMATION

CONGRESS VENUE

SALA STAMPA STADIO OLIMPICO
Via dei Gladiatori 2 - Roma

REGISTRATION TOOL

Registration form must be completed online, it is available on
www.balestrasrl.com



ECM Credits Provider No. 2382

Educational credits will be requested for the following professions:
Physiotherapist, Medical Doctor (specialties: Orthopedics and
Traumatology, Sport Medicine, Physical Medicine and Rehabilitation,
General Medicine/Family Physicians, Anesthesia and Intensive Care)



footballmedicine@balestracongressi.com
www.balestracongressi.com